

# Certified Professional Coach Course Progression

## 1. LIVING YOUR VISION® - 36 SCLHs

- A. 3 Days Classroom Instruction
- B. 10 Week Tele-Course
- C. Completion Survey

## 2. ESSENTIALS - 21 SCLHs

- A. 3 Days Classroom Instruction
- B. 10 Week Peer Coaching Program
- C. 2-3 Clients and 12-20 Hours Coaching Experience
- D. First Book Review

## 3. POWER - 21 SCLHs

- A. 3 Days Classroom Instruction
- B. 4-6 Clients and 24-40 Hours Coaching Experience
- C. Second Book Review
- D. 8 Hours over 3 Months with PCC or MCC Coach

## 4. DYNAMICS - 21 SCLHs

- A. 3 Days Classroom Instruction
- B. 7-9 Clients and 48-80 Hours Coaching Experience
- C. Coaching Hours Log with Min. of 48 Client Hours
- D. Third Book Review

## 5. MASTERY - 30 SCLHs

- A. 16 Week Tele-Course
- B. 6 Mentored Calls
- C. Personal Project Completion
- D. Coaching Hours Log with Min. 100 Client Hours and Min. 8 Clients

## 6. EXAMS

- A. Oral Exam
- B. Written Exam

## 7. CERTIFICATION AND GRADUATION

- A. Apply to ICF for 1st Globally Recognized Coaching Credential
- B. Exit Survey and Contact Grad List