

# CREDENTIALIALED COACH PATHWAY



110 3rd Avenue North, Suite 102  
Edmonds, WA 98020  
Phone 425.778.3505  
Toll Free 877.228.2622  
Fax 425.778.6937 or 877.228.3293  
[enroll@invitechange.com](mailto:enroll@invitechange.com)  
[www.invitechange.com](http://www.invitechange.com)



## OVERVIEW

Is your personal vision as coach to demonstrate competence, mastery, ease and artistry?

Is the current reality of your coaching practice in alignment with your vision?

Perhaps you are longing to raise your level of competence and artistry and earn an ICF credential award. Do you know that coaches who earn a credential from the International Coach Federation earn 25% more than those without it?<sup>1</sup>

Upon graduation from this International Coach Federation, (“ICF”) accredited curriculum you will have incorporated the ICF Code of Ethics & Professional Conduct standards, Core Coaching Competency skills and behaviors and best practices shared by practicing coaches into your professional presence. You will be a more competent, professional and confident coach with the ability to apply our Generative Coaching approach in diverse situations, both personal and professional in nature. You will also be fully prepared to apply for an ICF credential or earn the next advanced level credential award.

Your learning at inviteCHANGE balances three essential areas of development:

1. Expanding and deepening personal presence as coach
2. Coach-specific competency demonstration and knowledge
3. Generative coaching artistry

The course is designed for individuals who are currently practicing coaching, have familiarity and some understanding about the ICF Core



Coaching Competencies and are seeking an excellent learning experience to deepen and integrate the foundation of the coaching profession. The curriculum focuses on skill and behavior development to at least an Advanced ICF Associate Certified Coach “ACC” level and for most, an Intermediate ICF Professional Certified Coach “PCC” level demonstration.

Each program is delivered in an online course room using ZOOM Live Video that fully facilitates our pioneering, experiential adult learning design. Sessions are 2 hours each week over the course of 6 months.

Our programs were developed and are delivered by professional coaches who are actively working with clients and maintain excellence as ICF PCC and MCC Credentialed members. The course leaders are also inviteCHANGE Certified Mentor Coaches and engage in ongoing coaching supervision in order to maintain team status. Explore our website and discover the diversity and depth of experience you will access by choosing inviteCHANGE for your professional development. Our team delivers coaching services across a wide array of markets and specialties of coaching such as executive leadership, organizational development, human relations, sales and business development, continuous improvement, spiritual evolution and personal transformation.

The inviteCHANGE learning experience exemplifies the coaching approach by partnering with participants to create a tailored, respectful, transformative process. As you review this catalogue we invite you to imagine the journey and visualize how becoming a professional coach will fit into your current life and when complete, how your life will transform and fulfill your dreams and goals.

### **Cornerstones of Generative Coaching**

The most effective way to experience transformation—deep and lasting change—is from the inside out. When we gain access to our essence, each of us feels a sense of freedom to make empowering choices rather than feeling restricted as the prisoner of the circumstances. We have the freedom to choose versus being unconsciously influenced by limiting beliefs and/or the circumstances in our lives (environment, relationships, job, etc.). This describes the state of being we declare as personal sovereignty.

Being personally sovereign in our lives means being independent and in charge of the relationship we choose with the conditions of our life. As we act with integrity we develop response agility in our own life, in our family, in our community and workplace, in our relationship to society as a whole and the planet. Becoming personally sovereign is a life long journey and is purposefully supported by Generative Coaching. The ultimate outcome is a state of being we identify as Generative Wholeness.



### **Generative Wholeness**

*Adopting the dynamic capacity to originate, create, learn and produce results in order to be sovereign, the freedom to express and choose, personally and professionally, from our authentic self.*

### **Generative Coaching Approach**

Through practice, experimentation and mentor coaching you will learn to witness transformative moments occur for clients and in turn, learn to facilitate and navigate a coaching session and overall coaching relationship so that clients achieve sustainable change. Invisible ways of thinking that are the underlying motivation for behavior and action are a rich resource for inviting change. You might be asking how do we work with something that is invisible? The learning begins with you, exploring your own blind spots, unconscious habits and inherited belief systems that are not serving the path you are creating for the future. This course will introduce and deepen your understanding and provide a framework for perceiving and transforming limitations that your clients experience in their lives. Ultimately the discovery from awareness to clarity inspires alignment to what is meaningful and important so that desired action and results manifest. This course will support you to invite and then be the cause of positive change in the world in every aspect of your life!

### **Mentor Coaching Hours**

Three personalized sessions observing a recording of you coaching a client and offering professional development feedback supplement weekly sessions during which group mentor coaching occurs. Individual mentor coach sessions deliver feedback independent from the session interactions and you will engage with a mentor coach approximately every six weeks. In addition to personal dialogue, each of the sessions is recorded for later review along with a written feedback document so that you may measure and manage progress toward your desired professional development.

Our program commitment is to support your professional coach development toward achieving an advanced level of proficiency with the ICF Core Coaching Competency skills and behaviors suitable to prepare for earning an ICF credential that matches your hours of experience with clients, either at ACC, PCC or MCC level.

You will receive feedback and mentoring every step along the way and the personalized mentor coach sessions provide tailored and specific insight about your understanding of the science, your demonstration of the practice and your presence as an artful professional coach.



# SESSION CONTENT OVERVIEW

## Sessions 1-4

- Group cohesion and development
- Perceiving-based curiosity
- Structure of coaching relationships
- Guiding principles of professional coaching and structure of the ICF Core Coaching Competencies
- Overview of Generative Coaching principles and models

## Sessions 5-10

- ICF Core Coaching Competencies two through seven: definitions, skills and behaviors
- Introduce and apply a process for Coach Development Planning
- Initiate Triad Peer Coaching and Mentor Coach observation and feedback sessions

## Sessions 11-16

- ICF Core Coaching Competencies eight through eleven: definitions, skills and behaviors
- Tailoring Initial Session approaches to unique coach style and client goals; explore client management approaches
- Mid-Point Check In and Wildcard session: tailored to coaching context
- Rotate Triad Peer Coaching and continue to engage with Mentor Coach

## Sessions 17-24

- ICF Code of Ethics & Professional Conduct standards
- Explore personal sovereignty and choice points during client sessions
- Preparing an ICF Portfolio Application
- Written case study and live session analysis; ICF online exam review
- Oral demonstration preparation for ICF credential award
- Rotate Triad Peer Coaching and continue to engage with Mentor Coach observation and feedback session



Inspired excellence and impeccable quality, as a professional coach, is our shared goal and we will partner to generate your success from the first conversation through the rest of your career as coach. Once you participate in an inviteCHANGE program, you are a lifetime member of our community with access to audit any program completed at anytime in the future for free. You will also have access to our wide array of Continuing Coaching Education courses in order to sustain your ICF credential and expand your artistry over time.

### **Program elements included in tuition registration has its privileges!**

- All student contact learning hours
  - 60 Hours for Credentialed Coach Pathway
- 10 mentor coach hours: 7 group mentor coaching, 3 individual mentor coaching with an inviteCHANGE Program Leader who is an ICF Credentialed member at the PPC or MCC level and a Certified Mentor Coach
- 6-month Triad Peer Coaching Program with coaching supervision
- Video, audio and document library password protected access via the inviteCHANGE website for all course materials and coaching resources
- Professional development planning with Director of Training to tailor your training
- Completion certificate and support in preparing an ICF Credential Portfolio Application
- Monthly free webinars with inviteCHANGE Team and Graduates
- Social media inviteCHANGE Community access via Facebook, LinkedIn and Twitter



## Course Enrollment

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## Course Tuition: \$3,500 USD

- Courses are filled on a first-come, first-served basis when \$500 Deposit and Registration Form is received
- Payment Plan is available: \$500/month for 6 months beginning the month the program starts.

To register for our Credentialed Coach Pathway course, please visit our website, [www.invitechange.com](http://www.invitechange.com) and/or schedule an appointment with our Enrollment Manager.

Telephone: (877) 228-2622 Ext. 102

Email: [learn@invitechange.com](mailto:learn@invitechange.com)



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